



Lea Endowed CE Primary School

Relationships Education Policy

(Revised for September 2026 Statutory Guidance)

Draft for Consultation – 2026

Reviewed: July 2026

Next Review: July 2027

‘LET EVERYONE SHINE’

At Lea Endowed Church of England School we provide an excellent education for our children. We follow God’s example, by loving Him, and each other, in all that we do.

Our whole school family is encouraged to achieve their full, God given potential and shine in their own special way.

“Let your light shine”

At Lea Endowed CE Primary School, our intent is to nurture and develop the whole child. Our Vision Statement sets out our rationale for life and work in school.

The greatest commandment Jesus taught was to love God and to love your neighbour. Within this commandment is the foundation of the Christian view of relationships. At Lea Endowed Church of England Primary School, our Relationships Education seeks to live out this command and explore how we can "love our neighbour" through what we say and do. Our school focuses on the importance of relationships and the qualities and character needed to sustain healthy relationships that honour and respect others. Each child is a unique being, created in God's image, loved and accepted. As such, our school seeks to enable children to develop through an inclusive programme of teaching based on Christian principles, which respects the dignity of every individual and promotes health, safety and wellbeing.

We aim to enable every child to fulfil their potential in mind, body and spirit by:

- Providing a safe and secure learning environment where independence is promoted.
- Encouraging positive relationships, teamwork and responsibility.
- Providing a broad and balanced curriculum that is stimulating, challenging and engaging.
- Building strong, collaborative relationships with families, church and the wider community.
- Promoting self-esteem, confidence, resilience and healthy lifestyles.
- Recognising and celebrating success.

Introduction

Relationships Education is an integral part of our whole-school curriculum and promotes children's spiritual, moral, social and cultural development.

The teaching of Relationships Education is embedded across the wider curriculum and supports pupils in understanding:

- Healthy and respectful relationships.
- Family life and friendships.
- Physical and emotional wellbeing.
- Safety in the modern world.
- Personal boundaries.
- Communication and empathy.
- Respect for differences.
- Online safety and responsible digital citizenship.

Relationships Education is taught within a Christian framework and reflects the school's commitment to safeguarding, inclusion and respect for all.

Our Christian Values and British Values are promoted throughout all aspects of school life. All members of the school community are expected to challenge discrimination, bullying, prejudice and harmful behaviours.

We use a range of high-quality resources including SCARF, Picture News, Collective Worship themes, National Rail Network Safety Resources, Drowning Prevention and Fire Service Resources, Road Safety, NSPCC, Safeguarding resources and National Curriculum Science.

Statutory Requirements

This school complies with:

- The Equality Act 2010.
- The Public Sector Equality Duty.
- Keeping Children Safe in Education.
- The Department for Education's statutory guidance: *Relationships Education, Relationships and Sex Education (RSE) and Health Education* (effective from 1 September 2026).
- Relationships Education is compulsory for all primary-aged pupils.

NB: Parents do not have the right to withdraw their child from Relationships Education.

The school will ensure pupils receive age-appropriate teaching that promotes:

- Healthy relationships.
- Respect and kindness.
- Personal safety.
- Physical and mental wellbeing.
- Communication and assertiveness skills.
- Understanding of boundaries and consent.
- Online safety and digital literacy.
- Resilience and positive mental health.
- Knowledge of how and where to seek help.

Aims

The aims of Relationships Education at Lea Endowed CE Primary School are:

- To enable pupils to understand the characteristics of healthy relationships.
- To promote respect, kindness, compassion and empathy.
- To prepare pupils for healthy relationships in an increasingly digital world.
- To help pupils understand personal boundaries and bodily autonomy.
- To ensure children know how to keep themselves safe and seek support when needed.
- To develop effective communication skills.
- To develop confidence in expressing feelings, needs and concerns appropriately.
- To encourage resilience and positive wellbeing.
- To promote respect for diversity and individual differences.
- To challenge prejudice, discrimination and harmful stereotypes.
- To teach children to evaluate online information critically.
- To help children recognise misleading online content, including age-appropriate understanding of AI-generated content and manipulated images.
- To develop awareness of loneliness, change, loss and bereavement.
- To prepare pupils to become responsible, respectful and active citizens.

Curriculum Content

Relationships Education is delivered through a carefully sequenced curriculum that builds progressively throughout primary school.

KS1 Children will learn:

- Families and caring relationships.
- Friendships and kindness.
- Trusted adults and asking for help.
- Personal boundaries.
- Understanding private parts of the body.
- Safe and unsafe secrets.
- Basic online safety.
- Respecting others.
- Understanding feelings and emotions.

As children progress through KS1, they will also learn:

- Growth and change.
- Responsibilities that come with increasing independence.
- Personal safety including road, rail and water safety.
- Healthy friendships.
- Identifying worries and seeking help.
- Communicating feelings appropriately.
- Managing disagreements respectfully.
- Safe use of technology.
- Understanding inclusion and belonging.

Key Stage 2

Children will learn:

- Positive relationships.
- Respecting differences.
- Challenging stereotypes.
- Online safety and privacy.
- Recognising risks online and offline.
- Emotional wellbeing.
- Building resilience.
- Understanding loneliness and inclusion.
- Developing assertiveness and confidence.

As children progress through KS2, they will also learn:

- Maintaining healthy and respectful relationships.
- Managing peer influence.
- Safe use of social media and digital technology.
- Understanding and managing change.
- Bereavement and loss.
- Body image and self-esteem.
- Respect, dignity and equality.
- Online harms and how to seek support.
- Age-appropriate understanding of AI-generated and manipulated online content.
- Personal safety including road, rail and water safety.
- Developing confidence to communicate boundaries and seek support.

Added to the above context, Relationships Education for our older children (Y5/6) aims:

- To explain changes in the body related to puberty, the varying time scales associated with these and what issues may cause young people anxiety and how they can deal with these.
- To present facts in an objective, balanced and sensitive manner, set within a clear moral framework, which emphasises the importance of relationships.
- To provide a basic knowledge about the purposes of human reproduction
- To generate an atmosphere where questions about sexuality and reproduction can be asked and answered simply and truthfully and without embarrassment on either side.
- To help children appreciate the value of stable family life and the responsibilities of parenthood.
- To help children appreciate the need for proper care for all young creatures.

- To encourage children to consider the importance of dignity, respect for themselves and sensitivity towards the needs and views of others.
- To help children understand that they have rights and should have control over who touches or sees their bodies and to increase communication skills about these.
- To recognise that parents are key figures and the teaching offered by school should be complementary and supportive to this role.
- To provide a means of developing the total personality of the child, thus helping the overall development of all children into well balanced human beings, who can take a responsible role within society.
- Develop meaningful discussions about feelings and relationships and avoid an overly reproductive focus.
- Identify the different needs and learning styles of boys and girls and provide work and discussions in single sex groups whenever appropriate.
- Provide a questions box, so that some questions can be asked anonymously, so that important issues aren't missed through a child's embarrassment.

It is also an essential part of this, that pupils are helped to:

- Develop the maturity to discuss more personal subjects.
- Understand the importance of agreed ground rules such as, no one will have to answer a personal question, no one will be forced to join in a discussion, no one will be laughed at, only the correct names for body parts will be used and meanings of words will be explained in a sensible and factual way.
- Talk to an appropriate adult if they have an anxiety knowing that their question will be treated privately.

Personal Safety and Online Safety

Lea Endowed CE Primary School recognises that children are growing up in an increasingly digital world.

Pupils will be taught:

- How to stay safe online.
- How to report concerns.
- How to identify trusted adults.
- How to protect personal information.
- How to recognise misleading or manipulated online content.
- How to respond appropriately to online risks.
- How to maintain healthy online relationships.
- How to stay safe around roads, railways and water.
- How to seek help if something makes them feel unsafe.

Teaching will always be age-appropriate and delivered within a safeguarding framework.

Teaching and Learning

Relationships Education is delivered through:

- PSHE lessons
- Collective Worship
- Computing and Online Safety

- Science
- Religious Education
- Picture News
- Assemblies
- Visitors and themed events where appropriate

Ground rules are established to ensure a safe learning environment. Children are encouraged to:

- Respect differing views
- Listen carefully to others
- Use appropriate language
- Ask questions respectfully
- Seek guidance from trusted adults

No child will be required to answer personal questions or disclose personal information.

Parental Involvement

We recognise that parents are the primary educators of their children.

The school will:

- Consult parents when reviewing this policy.
- Inform parents of significant curriculum developments.
- Make this policy available on the school website.
- Share representative examples of teaching resources when appropriate.
- Provide opportunities for parents to discuss curriculum content with staff.

We are committed to working in partnership with parents to ensure that Relationships Education reflects both statutory requirements and the values of our school community.

SEND

At Lea Endowed CE Primary School, Relationships Education is accessible to all pupils.

Teaching will be adapted where necessary to meet the needs of children with SEND. Staff will ensure that all pupils can access learning at an appropriate level and develop the knowledge, understanding and skills needed to stay safe and build healthy relationships.

Safeguarding and Confidentiality

Relationships Education plays a key role in safeguarding children.

While discussions will be handled sensitively, staff cannot guarantee absolute confidentiality where there is a concern that a child may be at risk of harm.

Any safeguarding concerns arising from lessons will be managed in accordance with the school's Child Protection and Safeguarding Policy.

Pupils will be reminded that trusted adults are available both in school and at home to provide support.

Roles and Responsibilities

The Governing Body

The Governing Body will:

- Approve the policy
- Monitor implementation
- Ensure statutory requirements are met

The Headteacher

The Headteacher is responsible for:

- Implementing the policy.
- Ensuring staff receive appropriate training.
- Monitoring the quality of provision.
- Engaging with parents regarding curriculum developments.

Staff Staff are responsible for:

- Delivering Relationships Education sensitively and effectively.
- Promoting the Christian ethos of the school.
- Creating inclusive and supportive learning environments.
- Modelling respectful relationships.
- Identifying and responding to safeguarding concerns.

Children

Children are expected to:

- Participate positively in learning.
- Treat others with respect and sensitivity.
- Follow class discussion rules.
- Seek support from trusted adults when required.

Monitoring and Review

This policy will be reviewed annually by the Headteacher, PSHE Lead, Relationships Education Lead and Governing Body, or sooner in response to statutory or local changes.

Policy Review Date: July 2027

PSHE and Relationships Education Lead: A Bamber

Governor with Responsibility for PSHE/Relationships Education: G Dolley

This draft reframes the document as a fully compliant **2026 Relationships Education Policy for a Church of England Primary School**, aligned to the new statutory guidance while retaining your ethos and existing curriculum structure.