



Dear Parent/Carer,

Would you like to challenge your friends, family or neighbours to some fun, virtual sporting activities this summer?

The national children's charity, the **Youth Sport Trust**, is determined to ensure that young people stay active and connected through this difficult time. They've been helping families do this with **#StayHomeStayActive** activities since March and now challenging the public to go one step further by joining them in their first ever National School Sport Week at Home.

Taking place for one week, starting today, 20th June until 26th June, the week will give families, communities, schools and sports clubs the opportunity to take part in a series of virtual sporting challenges which help young people capture the enjoyment, competition and camaraderie they may be missing out on and the Youth Sport Trust is delighted that Sky Sports will be helping to supercharge the campaign.

How do you find out more?

Registering is simple. Just go to their website and click on the link for parents.

www.youthsporttrust.org/nssw

You will be asked a couple of questions as you register about who you might challenge and how many people you would like to get involved. We have registered as a school and will be challenging the children that are currently attending to take part in activities. We'd love you to do the same at home.

After signing up they will provide you with free and easy-to-use resources to help organise your week of National School Sport Week at Home Activity, set challenges for your families, friends and neighbours, and shout about it online, if you so wish.

So, what are you waiting for? Join the growing number of people who will be running, jumping and throwing their way to glory from 20th-26th June 2020.

In addition to this, **Lancashire School Games** are also preparing for **Lancashire School Games Virtual Festival** on Tuesday 30th June.

During the week commencing 29th June, Lancashire School Games will be celebrating and focusing on a Virtual Festival for the week, which they would love everyone to take part in (teachers, pupils, families, carers etc.)

Further information and resources for the 30th June can be found here –

<https://lancshireschoolgames.co.uk/spar-lancashire-school-games-virtual-festival-30th-june/>

We want to make this the biggest sports day in the country. Wouldn't that be amazing?

Join in the fun and take part with us. We may not be able to have a Sports Day in school this year, but we can still have fun and enjoy the **BIGGEST Sports Day** right here in Lancashire!

Yours sincerely,
Mrs Ramsay
PE Coordinator

