



What's going on this week?

Players, teams and fans have sent messages of support to Christian Eriksen after the football player collapsed just before half-time in Denmark's opening Euro 2020 game. The team's captain, Simon Kjaer is being hailed a hero for carrying out a swift and potentially life-saving response. The game was suspended as he was given treatment on the pitch and he was eventually taken to a nearby hospital where he's recovering well.

Main question:

What life skills should we learn at school?

Listen, think, share

- Look at this week's poster. Does anyone know what the story may be about? Do we know what football tournament is currently running? Explain that it is the Euros (a football tournament for countries in Europe).
- In one of the matches, a player from Denmark called Christian Eriksen, became ill unexpectedly and received medical care before being taken to hospital. The team captain, Simon Kjaer has been called a hero for stepping in to help with emergency first aid.
- Watch this week's useful video, which shows well-wishers messages for Christian Eriksen. What message would you like to send to Eriksen?
- Read through the information found on the assembly resource, which provides an overview of how Kjaer and the emergency services helped Eriksen, and the new NHS scheme to teach young people CPR. Do you think the scheme is a good idea?
- Have you ever been in an emergency? Talk about what happened and think about the skills that were useful.
- First aid is now taught in many schools and is an important life skill, can you think of any other life skills that would help in everyday situations? Discuss where you think the best place for you to learn these is? At home, school or somewhere else?

Reflection

Learning life skills can help us understand who we are and what we want from our lives. They can provide us with the tools and knowledge to become successful and confident citizens of the world!



KS1 Focus

Question:

What should be included in a first aid kit?

Listen, think, share

- Think about a time when you might have had a trip or bump, either at school or at home. What happened? How did you feel? Who helped you? Did you need anything such as a plaster or an ice pack?
- Explain that injuries can happen. We quite often have little falls or bumps that might need treating. Some of the items we need to help us if we have an accident are kept in a first aid kit.
- Where have you seen a first aid kit? E.g. at school, at a sports club, in the supermarket. Do you know where the first aid kits are kept at school?
- Look at resource 1, which shares some of the items we might find in a first aid kit. Have you ever needed to use any of these items before? Is there anything else you think should be included?
- If possible, look in your school's first aid kit. Do you recognise any of these items from resource 1?
- Discuss what some of the items on resource 1 might be used for e.g. a digital thermometer might be used if someone said they were feeling poorly, the gloves might be worn by the person doing the first aid, the scissors might be used to cut tape or bandages.
- Explain that a first aid kit is there to help give the first bit of help someone may need after an injury. If it is more serious, people may need to go to hospital. The equipment in a first aid kit and the person using it can really help someone in an emergency.

Reflection

There are many items in a first aid kit that can help us if we are injured. It is useful to know what is in a first aid kit and where they are located.



KS2 Focus

Question:

What is CPR and why is it important?

Listen, think, share

- Write 'CPR' on the board. Have you heard of CPR before? Do you know what it might be?
- Explain that CPR stands for cardiopulmonary resuscitation. It is a lifesaving procedure that is done when someone's breathing or heartbeat has stopped.
- Some people take part in first aid training, which includes learning what is in a first aid kit and how to use it, what to do in an emergency and how to administer CPR. Would you know what to do in an emergency? Discuss what you might do if someone had a serious injury and needed help.
- Look at resource 2, which shares some information about CPR. Why do you think CPR is so important? Do you think it is something everyone should know how to administer?
- CPR gives someone the best chance of survival following a cardiac arrest. It could save someone's life. Before someone begins CPR, they must phone 999 for emergency help.
- First aid training now often includes the use of a defibrillator. Have you seen a defibrillator stored somewhere in your local area?
- Children are expected to learn some basic first aid skills in school, such as how to call the emergency services. CPR is a life-saving skill. At what age do you think CPR should be taught?

Reflection

CPR is a procedure, which is performed when someone has stopped breathing or their heartbeat has stopped. It can save someone's life.



Picture News

KS2 Follow-up Ideas

Option 1: Ask the children to create a list of life skills. Record the responses on the board e.g. road safety, how to budget and pay bills, cooking, car maintenance, gardening, using tools, setting the table.

- Which of these skills do you think should be taught at home and which should be taught at school?
- Are there any that you think should be taught at home and at school?
- Do you know how to do any of these life skills already?

Ask the children to choose one life skill that they feel should be taught at school.

- Why should this life skill be taught at school?
- What are the benefits?
- Are there any drawbacks?
- How could it be taught in schools?
- What resources would be needed?

Ask the children to write a letter to persuade their teacher to include this life skill in school!

Option 2: Remind the children that many people sent messages of support to Christian Eriksen.

- Have you ever sent a message or card to someone to wish them a speedy recovery or to get well again?
- What words or pictures might show someone you care and wish them well?

Ask the children to design a card that they could send to Christian Eriksen or somebody they know that might not be feeling their usual selves.



Picture News

KS1 Follow-up Ideas

Option 1: Remind the children of some of the items we might find in a first aid kit. Explain that sometimes a first aid kit will also include a medical emergency action plan, which will have information to help people such as the nearest hospital, the address of where you are, directions for an ambulance.

- Where is your first aid kit kept?
- What useful information might your school's first aid kit include?
- What is your school name? Do you know the address?
- Where is your nearest hospital?
- What number would you call in an emergency?

Ask the children to design a 'useful information' card to go into your first aid kit.

Option 2: Explain that if there was an emergency, we would dial 999 and ask for an ambulance to come. Show the children a keypad on a phone (a real one or show one on your whiteboard).

- What digits can we see?
- How many digits are there?
- Do you know any telephone numbers?

Share your school telephone number.

- Can you say these digits out loud?
- Can you dial them on the keypad?
- Can you order the digits?
- Can you sort them into odd and even?

If possible, give the children some time to learn your school number – it may be useful in an emergency!



Picture News

This Week's Useful Websites

[This week's news story](#)

www.bbc.co.uk/sport/football/57457388

This Week's Useful Videos

[Well-wishes for Christian Eriksen](#)

www.bbc.co.uk/newsround/57454044

This Week's Virtual Assembly

www.picture-news.co.uk/discuss

This Week's Useful Vocabulary

Citizens – people who are members of a particular town, city, country or the world!

They can provide us with the tools and knowledge to become successful and confident **citizens** of the world!

Collapsed – having fallen down and become unconscious.

The football player **collapsed**.

CPR – Cardiopulmonary resuscitation; a lifesaving medical procedure.

...the new NHS scheme to teach young people **CPR**.

Emergency – an unexpected, dangerous or difficult situation requiring immediate action.

Have you ever been in an **emergency**?

Hailed – if a person is hailed, they are acknowledged or praised publicly.

The team's captain, Simon Kjaer is being **hailed** a hero.

Suspended – delayed or stopped from happening.

The game was **suspended**.