



PSHE/RSE CLASS 1 - AUTUMN 1 - Growing and Changing - Cycle B

Substantive Knowledge –	Markers for Assessment for Substantive Knowledge	Below	Above
Rec To know the lifecycle of a frog I can tell you scientific names for some of my body parts – see progression of vocabulary I know some parts of my body are private	 Rec To identify the steps in the lifecycle of a frog I know some parts of my body are private Y1 		
 Y1 I can tell you some things that babies need. I can tell you what I can do now that I couldn't do as a baby. I can acknowledge that there are still things I want to be able to do but cannot do yet I can talk about how safe secrets and surprises make me feel and who to talk to if I am worried. I can name the adults I can talk to at home and school if I need help. I can name the body parts girls and boys have that are the same and which body parts are different I can explain the difference between teasing and bullying. 	 Can they explain how someone would keep their private parts private? Do they understand why? I can name the body parts that are the same in boys and girls and those which are different I know that babies are made by a man and a woman 		
Disciplinary Knowledge	Markers for Assessment for Disciplinary Knowledge		
 Rec I can describe the life cycle of a frog. I can tell you the scientific names for some of my body parts. I can tell you the PANTS rule. To name the different stages of growing up Y1 Explain how to meet the basic needs of a baby, for example, eye contact, cuddling, washing, changing, feeding I dentify the stages of growing up from baby to ad Explain the difference between a secret and a nice surprise I dentify who they can talk to if they feel uncomfortable about any secret they are told, or told to keep I dentify parts of the body that are private and how they can be kept private 	 Rec I can order the steps of a frog lifecycle. I can label some parts of the body I can tell you the PANTS rule Y1 I can compare the life cycle of a frog to the lifestyle of a butterfly which I looked at last year? I can use the correct vocabulary when describing their body I can name additional parts of my body from last year as well as remembering those parts? 		
Prior Substantive Knowledge	Vocabulary		
 Rec Some things about boys and girls are the same and some are different To know some basic body parts Y1 To know the scientific names for some body parts. To know the PANTS rule. To describe the life cycle of a butterfly. 	Rec arms, head, knees, legs, neck, shoulders and toes Y1 Body parts related to senses (ears, eyes, mouth, skin) ankle, chest, elbow, a bullying	ingers, teeth,	toes, wrist,
Prior Disciplinary Rec • To point to some body parts and name them Y1 • Use correct vocabulary to describe some body parts. • To suggest some ways to keep themselves safe.	 SCARF Units to be Covered - these are different from last year Where Do Babies Come From? Getting Bigger Inside my Wonderful Body Who can help? (2) Then and Now 		
Questions (potential 'hook' questions for lessons) Rec How does a tadpole become a frog? How do we keep our private parts private? How is your body similar/different to that of your friend? Y1 Can you describe what a baby needs? Can you describe what a baby may do? Howe can babies tell us what they need? Who are your trusted adults? Who can we trust in the wider world? (communities) What is the difference between a secret and a surprise (like a birthday present)?	 Cross-Curricular/Enrichment Science: Animals including Humans – Understanding animals have of RE: God made us all Unique, Birth Rites, Awe and Wonder Storybooks: linked to loss and bereavement eg Up in Heaven Music/Rhyme – Head, Shoulders, Knees and Toes Role-Play/Continuous Provision – Hospital/ Vets 	ffspring	



