

Hello again Class 3,

I really hope that this letter finds you all well and happy.



I cannot quite believe that a whole half term has passed since Easter and we still aren't together in school. We have now developed a new 'normal' with different routines and rhythms to our days but not being together is one of the most difficult aspects of the whole situation.

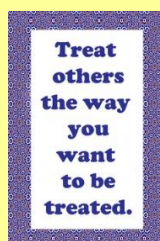
However, we are blessed in so many ways aren't we? I have seen fab photographs of some of you doing wonderful things; Matthew having a VE Day picnic, Erin on her horse, Polly and Isabella's creative artwork. Keep those e-mails and photos coming as I love to see what you are up to. The teachers had a Zoom meeting with Mrs Seagrave today which is a new way of communicating for us. It was fun to be able to 'meet' and chat together, but we did miss our customary cuppa and biscuit sharing! Have you been 'Zooming' with any of your friends?

This week is 'Mental Health Awareness Week'. I think at times like this, it is even more important that we remember to look after our minds as well as our bodies. I want to share this catchy song with you; look it up on <https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week>

*At times like these, when the world feels upside down,
Kindness can be the key to turn those things around,
You see, kindness has the power to create community, support and hope,
A helping hand says you're not alone when you face that upward slope.
Of course, being kind is always the right thing to do
But did you know that doing good is also good for you?
You see, a little act of kindness can boost your mental health
It can lower stress and boost your health to think of someone else
And of course, don't forget to be kind to yourself
It doesn't have to take a lot because even the smallest spark
Can be the thing to light the way when someone's world feels dark
So make that call, share that gif, send some happy post
And this Mental Health Awareness Week,
Remember, kindness matters most.*



We speak about being kind all the time in school don't we? Our Golden Rule taken from the book of Matthew in the Bible, will always stand true;



Again, in school this week, I have seen such lovely acts of kindness. Some of the children made a beautiful, and very delicious afternoon tea for Mrs Seagrave, Mrs Ruston and me, complete with a gorgeous letter of thanks. Lucy sent in a poster for National 'Thank a Teacher' Day and Mylow said a thoughtful prayer for all the amazing people who continue to make our country a safer place. Over the half term holiday, have a think about **your** acts of kindness and how you can spread love and hope through your family, friends and the wider world. I am really looking forward to seeing some of you (who are children of key workers) in school after half term. I really do miss you all and thank God every day that you are well and safe. Remember to keep shining; it really does make a difference!

Lots of love and big hugs,

Mrs Bolton x

