



Look at the resource below, which shares some examples of different competitions.



A sports competition
e.g., running, gymnastics, football.

An arts or craft competition
e.g., painting, drawing, modelling.

Businesses competing to be more
popular and make sure people spend
their money with them.

Competing with yourself.

A competition to be the first to do
something e.g., the first person to land on the
moon, the first person to invent something.

A competition to be a world record holder.

Competing with other people for a job.



Pictured above: People waiting for a job
interview. They are competing for the job.

Can you think of any other examples of when people might compete?



Look at the resource below,
which shows some famous competitions.

The Voice

The Voice is a televised singing competition. Judges listen to competitors singing without seeing them. The winner of the competition receives a recording contract.



Guinness World Records

Guinness World Records documents and celebrates incredible and magnificent achievements that are the best in the world! Hundreds of thousands of people try to set or beat records every year.

Pictured right: @rvrcoelho Twitter



Nobel Prizes

The Nobel Prizes are a set of annual awards for outstanding work in physics, chemistry, medicine, literature, economic sciences, and peace. People are nominated by individuals or institutions, who have been given this right. These nominations are sent to the Nobel committees, which then vote for the winner or winners.



Tour de France

This is a race for professional cyclists. It is held annually, normally in July, with the majority of the race being held in France. Competitors take part in 21 stages, raced over 23 days.



**Have you experienced any of these competitions before?
Which would you prefer to watch? Are there any you would like to take part in?**

Picture News



Do we achieve more when there is competition?

The popular dance competition, Strictly Come Dancing, has returned to TV screens. The 20th series of the competition has the show's largest ever line-up of professional dancers. Fifteen celebrities are competing for the glitterball this year, including presenters Kym Marsh and Helen Skelton, former footballer Tony Adams, Paralympic gold medallist Ellie Simmonds, EastEnders actor James Bye and singer Matt Goss.



Listen



Think



Share

- Look at this week's poster image. Does anyone know what competition it might be from? Explain that last week, the BBC dance competition, Strictly Come Dancing returned. Has anyone seen it?
- Watch this week's useful video (link found overleaf), which shows the trailer for the programme. Is it something you think you would like to take part in?
- Read through the information found on the assembly resource. In your opinion, what is it about watching dancing that makes the show so popular? Talk about the journey the contestants must experience, with many highs and lows.
- Can we make a list of other competitions we might watch either on TV or in real life, e.g., sporting, activity, game show - do you enjoy watching competitions? What do you think makes them interesting for people to watch?
- Can you think of the last time you took part in a competition? What was it? Did you enjoy it? Do some of us enjoy competitions more than others?
- What are some of the positive outcomes of competitions and what do you think are some of the negative ones?

Reflection

There will be many times in our lives when we face competition. Sometimes we may enjoy this and do well, other times we may find it more challenging. It's important for us to remember to help and support each other as we face our different challenges!

Picture News



KS1 focus

What is competition?



Listen



Think



Share

- Write the word 'competition' on the board. Have you heard of this word before? What do you think it means?
- Explain that a competition is a situation in which someone is trying to win something or be more successful than someone else. Throughout our lives, we are likely to come across many different occasions when we will be part of a competition or be competing with others.
- Look at resource 1, which shares some examples of different competitions. Can you think of any other examples of when people might compete?
- Think about a time when you have been part of a competition. How did taking part make you feel? Did you win or lose? Was there a prize or award for the winner?
- For each of the examples on resource 1, discuss what the person who wins might receive e.g., a trophy, certificate, medal, the job, fame. Do you have a prize or award that is special, or you feel very proud of?
- Think about competing with yourself. How might we compete with ourselves? Do you think the feeling of trying our best, not giving up and finally, succeeding, is better than any award or prize?

Reflection

Competitions involve people trying to win something or be more successful than someone else. There are many times in our lives when we will compete with others. We may also find we compete with ourselves too!

Picture News



KS2 focus

What are some of the most famous competitions?



Listen



Think



Share

- Competitions are part of our lives. There are many different types of competition, some where there may be winners and losers; others where there may be success or failure. Discuss some of the different types of competition, including competition with ourselves!
- Some competitions are famous, which means they are known or recognised by many people. Can you think of any famous competitions?
- Look at resource 2, which shows some famous competitions. Have you experienced any of these competitions before? Which would you prefer to watch? Are there any you would like to take part in? Can you think of any other competitions you would either enjoy watching or taking part in e.g., The Great British Bake Off?
- Do you think we all value the same competitions? Why? Discuss how people have different interests or talents, which may affect the types of competitions they enjoy watching or taking part in.
- Create a list of competitions in your local area e.g., football tournaments, local running races, local dog, car, baking or fashion shows. What do you think it would take to make a competition famous? Does it need to include the best competitors in the world? Does it need to be televised? Does it need a valuable prize for the winner? Do lots of people need to attend?

Reflection

There are many competitions held all over the world, some famous, others not. We all have different interests and talents so the competitions we enjoy watching or taking part in will be different too!

Picture News



KS2 follow-up ideas

Option 1

Read and research to find out more about a famous competition that is of interest to you. Consider the following:

- What is the competition?
- Who can take part?
- Where and when does it happen?
- How long has the competition been running for?
- Has the competition changed over time? Why?
- How do people win? What do they win?

You could write a letter to the organisers of your competition, sharing some of your research, explaining why you like the event and asking any other questions you have.

Option 2

Plan and organise an art competition for children in school to take part in. Think about:

- What type of art do you want them to enter e.g., a painting, a sketch, a collage?
- Do you have a subject for your art e.g., autumn, animals, sport?
- Is there a deadline for entries?
- Are there any competition rules?
- What is the prize for the winner?
- Who will judge your competition?
- How will you encourage people to enter e.g., a poster, an announcement?

Design an entry leaflet or poster to advertise your competition and share it around school. Once you have received your entries and selected your winner, perhaps they could be celebrated on the school website or in your newsletter?

Picture News



KS1 follow-up ideas

Option 1

Select one of the following maths competitions to take part in each day this week (or create your own, choosing something you'd like to practise). You are competing with yourself so each day, try to complete your maths competition in a faster time or with a better score.

- Write the numbers 0-20 in words.
- Count in 2s from 0 up to 20 and back again.
- Write down all the odd numbers between 0 and 20.
- Name as many shapes 2D shapes as you can in 1 minute.
- Use a computer programme to practise times tables. How many can you answer in the time given?

Option 2

Design and make an award that could be used to celebrate something someone has achieved at school. Think about:

- What will your award be? A rosette, certificate, medal, trophy?
- What materials and resources will you need to make your award?
- What will your award be for e.g., being kind, sport, singing, art, writing, sitting smartly? Can you write this somewhere on it?

Once you have made your awards, save them somewhere in your classroom for your teacher to hand out when they think someone has achieved it! You may find they are handed out quite quickly or that they last the remainder of the year!

Picture News



This week's useful websites

This week's news story

www.bbc.com/news/entertainment-arts-62782127

This week's useful video

Strictly Trailer

www.youtube.com/watch?v=x55Xs4xz_ls

This week's Virtual Picture News

www.picture-news.co.uk/discuss

This week's vocabulary

Competition

An event in which people try to win a prize or find out who is best at something.

The BBC dance **competition**, Strictly Come Dancing, returned.

Contestants

The people taking part in a competition.

Talk about the journey the **contestants** experience, with many highs and lows.

Popular

Liked, enjoyed, or supported by many people.

The **popular** dance competition, Strictly Come Dancing, has returned to TV screens.

Professional

Used to describe someone who does a job that people usually do as a hobby.

The 20th series of the competition has the show's largest ever line-up of **professional** dancers.

Series

A set or sequence of related television or radio programmes.

The 20th **series** of the competition has the show's largest ever line-up of professional dancers.

Trailer

A set of short extracts, which are shown to advertise a film or television programme.

Watch this week's useful video, which shows the **trailer** for the programme.