



Lent 2021  
resource  
from the





# Week 1



**1 Peter 2:9-11** But you are chosen people. You are the King's priests. You are a holy nation. You are a nation that belongs to God alone. God chose you to tell about the wonderful things he has done. He called you out of darkness into his wonderful light. At one time you were not God's people. But now you are his people. In the past you had never received mercy. But now you have received God's mercy. Dear friends, you are like visitors and strangers in this world... So live good lives. *International Children's Bible*

**More Reading: Matthew 4:17-20**



Many Christians use the time of Lent for reflecting on their faith and the Easter story. Some people choose to go on a pilgrimage, a walking journey, that gives them space to reflect and think about their relationship with God and how they can follow Jesus' example and be loving, giving and compassionate to the world around them.

Walking Pilgrimages are often quite simple, and people carry very little, but there are some key items that help people to find their way. Our first item today is a **lamp**. **Watch our short video** on the next slide, explaining what pilgrimage is and how a light can help us during our Lent journey.





## Questions

- Who or what brings light into your life?
- **How can they help you on life's journey?**
- How and where can you bring light into the lives of others?





# Challenges:



## Discover

Research the story of 'The Lady of the Lamp'.

- How did she bring light into the darkness of war?
- What can you learn from her example?

## Reflect

- Try a [finger labyrinth journey](#). Use this as a time to think, reflect or to pray about bringing light to the world.

Find the worksheet [here](#).

## Create

- Make your own lamp. Use coloured film for the windows and place an LED tealight inside to let the light shine out.
- On the outside write character virtues that a person needs to bring light in a dark place.

## Act

- Who has been an important light in your life? How could you say thank you to them?
- Where can you be a light for others and show kindness?

## Prayer

Loving Lord, you lay a path before us and light our way. Help us to see where we can be light in the darkness. Lord bless us with a light filled journey through Lent. Amen.





*“ The YLA has helped the development of pupil's maturity and independence. During the Award, they have become increasingly aware of the needs of others both locally, nationally and globally. ”*

**YLA Teacher**



*“ An increase in their confidence and self-belief is seen as they develop the courage to make even the smallest of changes to benefit others. To watch the children sense of pride as they work together to become young leaders is a privilege. ”*

**YLA Teacher**

**Have you enjoyed the Pilgrim Pathways at Lent resource?**

The Archbishop of York Youth Trust also have a fantastic resource available to schools called the Young Leaders Award (YLA). The YLA is a fully resourced leadership and character education programme designed to be delivered by teaching staff within the classroom.

**The YLA is available at all levels KS1/KS2/KS3/KS4/16+**

For more details visit our website below

[www.abyyt.com/yla](http://www.abyyt.com/yla)

