



## Home Learning for Year 1 – Week Beginning 8.06.20

Hello Year 1, I hope you are keeping well and staying safe. Here are some ideas to help you with your learning while you are staying at home. Don't worry if you can't complete all of the tasks but try to have a go, and as always, let your light shine. If you need any help or assistance, contact me at

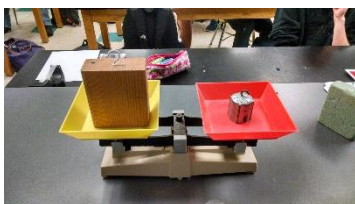
[a.lucarelli@leacofe.lancs.sch.uk](mailto:a.lucarelli@leacofe.lancs.sch.uk).

### Maths

Please complete the daily lessons on White Rose. Follow this link:

<https://whiterosemaths.com/homelearning/year-1/>

and select Summer Term Week 6 (w/c 1st June) Mass and Capacity. The dates are now out of sync as we have an extra weeks holiday in our Summer Term! The worksheets can be found in our Home Learning class area. Again, work at your child's pace. You may not get through all the lessons or you may find the lessons are too easy and you need to move to the Challenge section.



### Challenge

- Log on to Busy Things <https://www.busythings.co.uk/> click on Mathematics -> measurement-> Litres and millilitres.
- Log into the Discovery Education website. Select Espresso -> Key Stage 1 -> Maths -> activities then select the activities for Mass and Capacity. Let me know if you need the log in information.  
<https://www.discoveryeducation.co.uk/>

### English

Daily activities can be found on the LPDS document found on our class area. This week we are looking at the read and respond unit - Week 6 'Under the Sea'.

#### Spellings - 'wh'

when, where, which, wheel, while

#### Phonics

Please click on to: [https://www.youtube.com/channel/UCP\\_FbjYUP\\_UtIdV2K\\_niWw/featured?disable\\_polymer=1](https://www.youtube.com/channel/UCP_FbjYUP_UtIdV2K_niWw/featured?disable_polymer=1)

daily and watch the Year 1 phonics sessions. If these sessions are too tricky for your child, please complete the sessions for reception.

#### Handwriting

Practice writing capital letters A, B, C, D, E and F (you will need lined paper and a sharp pencil!). **REMEMBER** - You can take your pencil off the paper to form capital letters. Capital letters do not have a lead in or a lead out. Capital letters touch the top and bottom lines - THEY MUST BE BIGGER THAN YOUR LOWER CASE LETTERS.





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### RE

In our Home Learning Class section [https://www.leacofe.lancs.sch.uk/website/year\\_1/470654](https://www.leacofe.lancs.sch.uk/website/year_1/470654)

You will find some 'Off the Shelf' resources. Choose a picture and then have a go at some of the questions/activities linked to the picture. If you have siblings in school you could do this together. We will be doing a different picture each week.



### Other



This week is the launch of our new Summer Seaside Project. This project incorporates a range of subject areas and can be built upon each week. Please find the project information sheet in the home learning area.

**PE** – Please see the challenge below.



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# Learn!

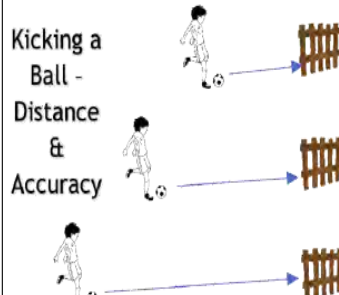
## Skill 6: Kicking

**Equipment:** Ball to kick, and a target for the ball to hit

**Aim:** To develop the skill of kicking a ball with distance and accuracy.

**Task 1:** Complete the below activity seeing how far you can kick a ball with your favourite foot and hit the target. Measure the distance from where you kicked the ball to the target with strides when you reach your limit. This is your score.

**Task 2:** Complete it again but try with your other foot

Skill/ Skills	Activities	How to Play
Kicking	 <p>Kicking a Ball - Distance &amp; Accuracy</p>	<ul style="list-style-type: none"> <li>Find a suitable target - wall/fence or safe object for the ball to hit.</li> <li>Place a ball anywhere on the floor in front of the target.</li> <li>Facing your target and using your favourite kicking foot, aim to strike the ball at the bottom with the laces part of your foot</li> <li>Your other foot should be placed a comfortable distance to the side of the ball.</li> <li>Use arms for balance and lean over the ball so your head is over it.</li> <li>Kick through the ball and try to reach your target. If you hit the target move further away or closer if you did not.</li> </ul>

### Points to help improve kicking

- Always watch your foot connect with the ball
- More power goes further, but less accurate
- Less power is more accurate for doesn't go as far
- Repetition - keep practicing, especially with both feet

## Koala Kick

How many goals can you score from different distances?

**You will need:**

Football or larger ball

2 Jumpers

5 items for markers



**How to:**

- Take your 2 jumpers and place them up to 5 strides apart, these are your goals
- Take your 5 markers and place them in different places in your space, different distances from the goal.
- Kick your ball from each of the markers, trying to aim between the jumpers.
- If the ball rolls between the jumpers, you score one point. If you roll over or hit a jumper you get 5 points for that go.
- Collect your ball each time and have a go from another marker.
- Finish your five kicks and add up your score.
- Have another go, can you beat it? Change where the markers are, use your other foot.