

# Spar Lancashire School Games

## Learn!

### Skill 3: Outdoor Adventurous Activity (OAA) -Communication

Equipment: Paper, pencil, ruler, colours

**Aim:** of this week's *Learn* task is: To guide a blindfolded parent/carer to land safely on a chair/sofa through effective communication.

#### Video Demonstration

#### Task 1 - Air Traffic Controller

- The parent/carer is the plane and the child is the air traffic controller. (ATC)
- The ATC guides the plane around the room using verbal commands (walk, stop, turn left etc.) Parent/carer as plane keep eyes open.
- The parent/carer is blindfolded/close their eyes and be guided by the air traffic controller using verbal commands again (walk, stop, turn right etc.). (Q) Which way round the room will you take them?

#### Task 2 - Air Traffic Controller (can't speak to communicate with the plane)

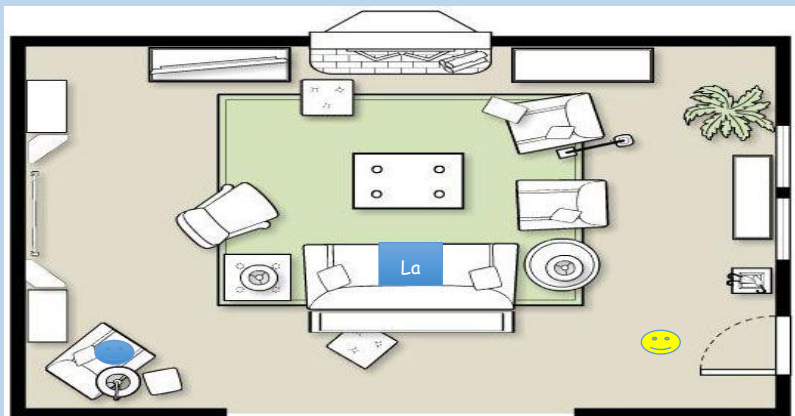
- The air traffic controller must not speak words when guiding the plane to land
- The parent and carer must create a way of communicating with each other without speaking words. (See Think about.)
- Change starting position of the plane in the room. The parent/carer is blindfolded/close their eyes and is guided again by the air traffic controller without speaking but with their own creative way of communication.

Think about. . .

1. Instead of using words to guide the plane to land (sofa/chair) what other ways of making a noise could you use (whistle, clap, click fingers etc.)
2. Which of these can you use for walk, turn left/right, stop? (i.e. clap once to walk, whistle to stop)
3. How will you tell the plane how far to move or turn? How will you tell them to sit (land) on the sofa/chair?
4. Try your communication out and see if you need to change or improve it.

### Task 3 - Change roles - Parent/carer is Air Traffic Controller and guides the child using their creative way of communicating.

- (Q) How did it feel when you were blindfolded?
- (Q) Did you trust the Air Traffic Controller to keep you safe?



**Equipment:** blindfold (tie. Tea towel, obstacles.)

**Safety:** Air traffic controller to set out clear boundaries and intervene if the plane wanders beyond the boundary. Keep them safe and don't let them bang into anything.



= Parent (Plane)



= Child (air traffic controller.